

Emergency Supply List



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**500 -
16.9 fl. Oz (1pt) water bottles per person
12 cases of 40 bottles per person in your home**

As many bottles of non-drinking water that you can store. I use 3-liter Zephyrhills jugs from Walmart. I drink them and refill them with tap water

Food



Ramen Noodles



**Canned Meats
(Tuna, Chicken,
Beef)**



**Chef
Boyardee**



Canned Vegetables



Oatmeal



**Large Bags
of sugar,
flour, and**



**Pasta
& Canned
Pasta Sauce**

Supplies



**Butane Stove&
Cartridges**



**Kerosene
Lamps, Oil, &
Wicks**



Candles



Bleach



Toilet Paper



**Dishwashing
Soap**



**Laundry
Detergent**



Toothpaste



Tylenol



First Aid Kit



**Garbage
Bags**



Body Soap



**Feminine
Products**



**Lighters &
Matches**



**Hand
Sanitizer**



Flashlight



Batteries



Board Games



Medical Masks



**Weather
Radio**



**Manual
Can Opener**